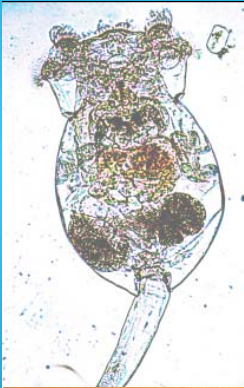
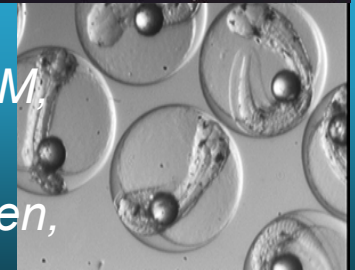




The importance of arachidonic acid, as a modulator of stress resistance through the HPI axis, in gilthead seabream larvae (*Sparus aurata*)



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Essential Fatty Acids

ArA (20:4n-6)

- not essential in membranes
- precursor for prostaglandins
- cellular regulation

DHA (22:6n-3)

EPA (20:5n-3)

- essential function in cellular membranes
- required for good growth
- retinal function and improved vision



Selected fatty acids of the enrichment phospholipid and biomeal preparations from Martek Biosciences and the commercial product AlgaMac 2000

Components	DHA-PL + Algal meal	ARA-PL + Algal meal	AlgaMac 2000
Selected Fatty acids (% of TFA)			
Docosahexaenoic acid (DHA)	35.9	2.4	24
Arachidonic Acid (ArA)	0.0	52.5	0
Eicosapentaenoic acid (EPA)	0	0.2	0.6
Docosapentaenoic acid (DPA)	0	0	12.9



The values (mg g⁻¹ ± SEM) of selected fatty acids and fatty acid ratios of the rotifers fed the enrichment treatments

	AlgaMac	0% ArA	12.5% ArA	25% ArA	50% ArA
22:6n-3 (DHA)	7.7 ± 2.0	6.5 ± 1.4	5.7 ± 0.1	6.2 ± 2.2	4.2 ± 0.2
20:5n-3 (EPA)	3.4 ± 0.8	2.3 ± 0.4	3.0 ± 1.0	2.2 ± 0.8	2.5 ± 1.0
22:5n-6 (DPA)	2.2 ± 0.6	0.0 ± 0.0	0.1 ± 0.1	0.0 ± 0.0	0.0 ± 0.0
20:4n-6 (ArA)	1.5 ± 0.3	0.8 ± 0.3	1.7 ± 0.2	3.0 ± 1.0	5.3 ± 0.6
DHA/EPA	2.3 ± 0.6	3.0 ± 0.6	2.4 ± 0.7	2.8 ± 0.1	2.3 ± 0.7
DHA/ArA	5.2 ± 1.4	9.1 ± 1.6	3.4 ± 0.4	2.1 ± 0.1	0.8 ± 0.1
EPA/ArA	2.2 ± 0.0	3.4 ± 0.9	1.7 ± 0.3	0.7 ± 0.0	0.5 ± 0.2



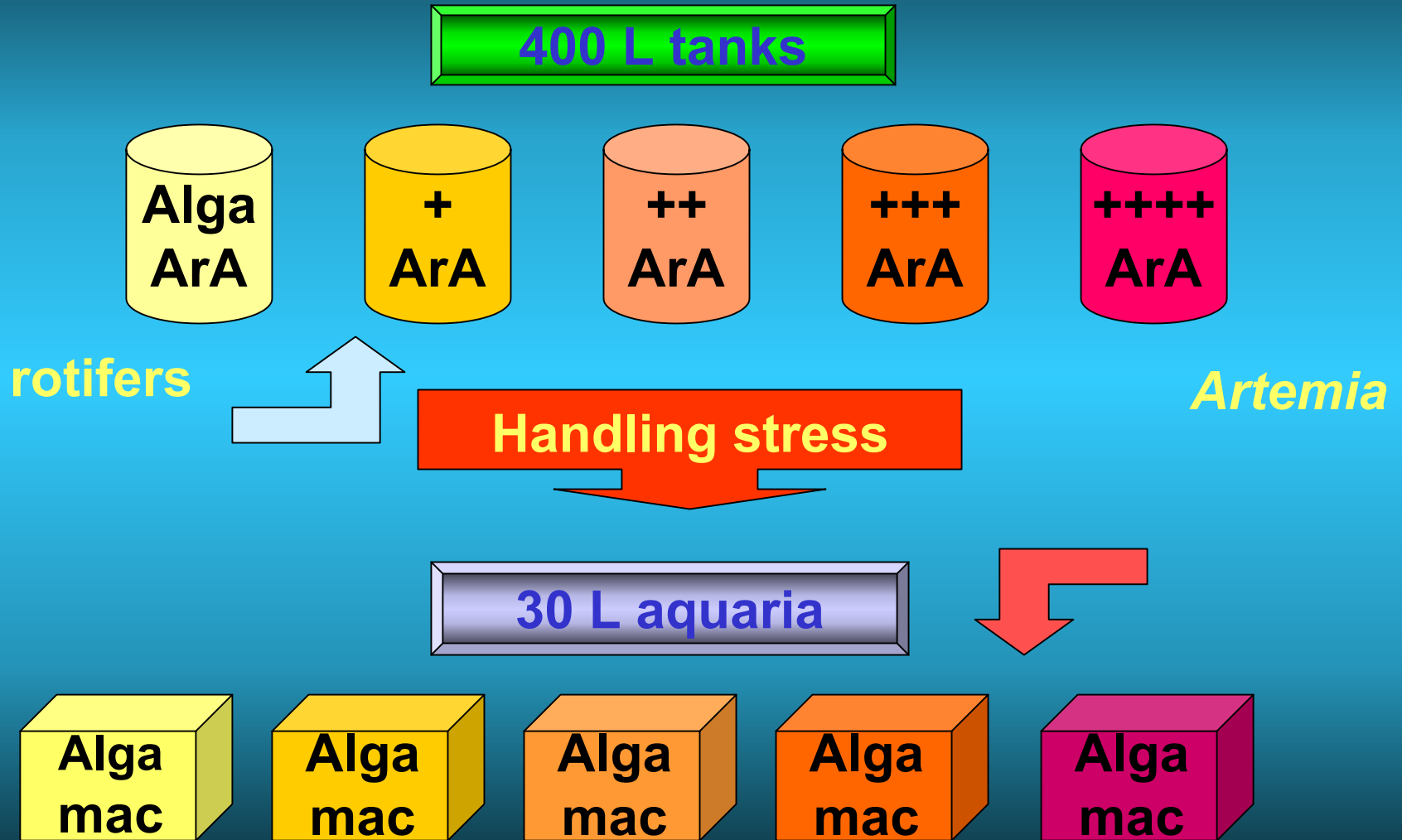
Transfer from tanks to aquaria characterized handling stress



400 L V-tanks
40,000 eggs/tank
rotifer feeding

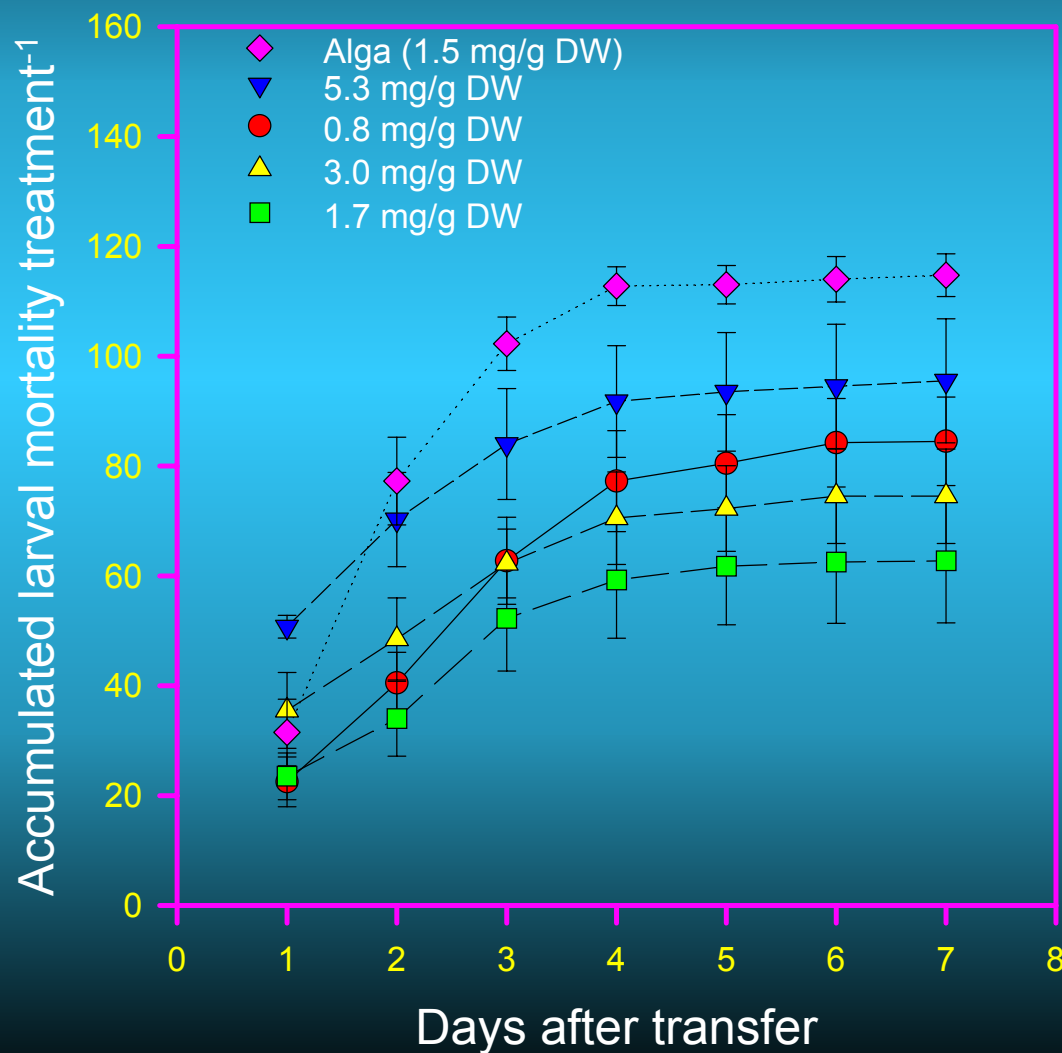
27 L aquaria
200-300 larvae/aquarium
Artemia feeding

Effect of ArA during rotifer feeding

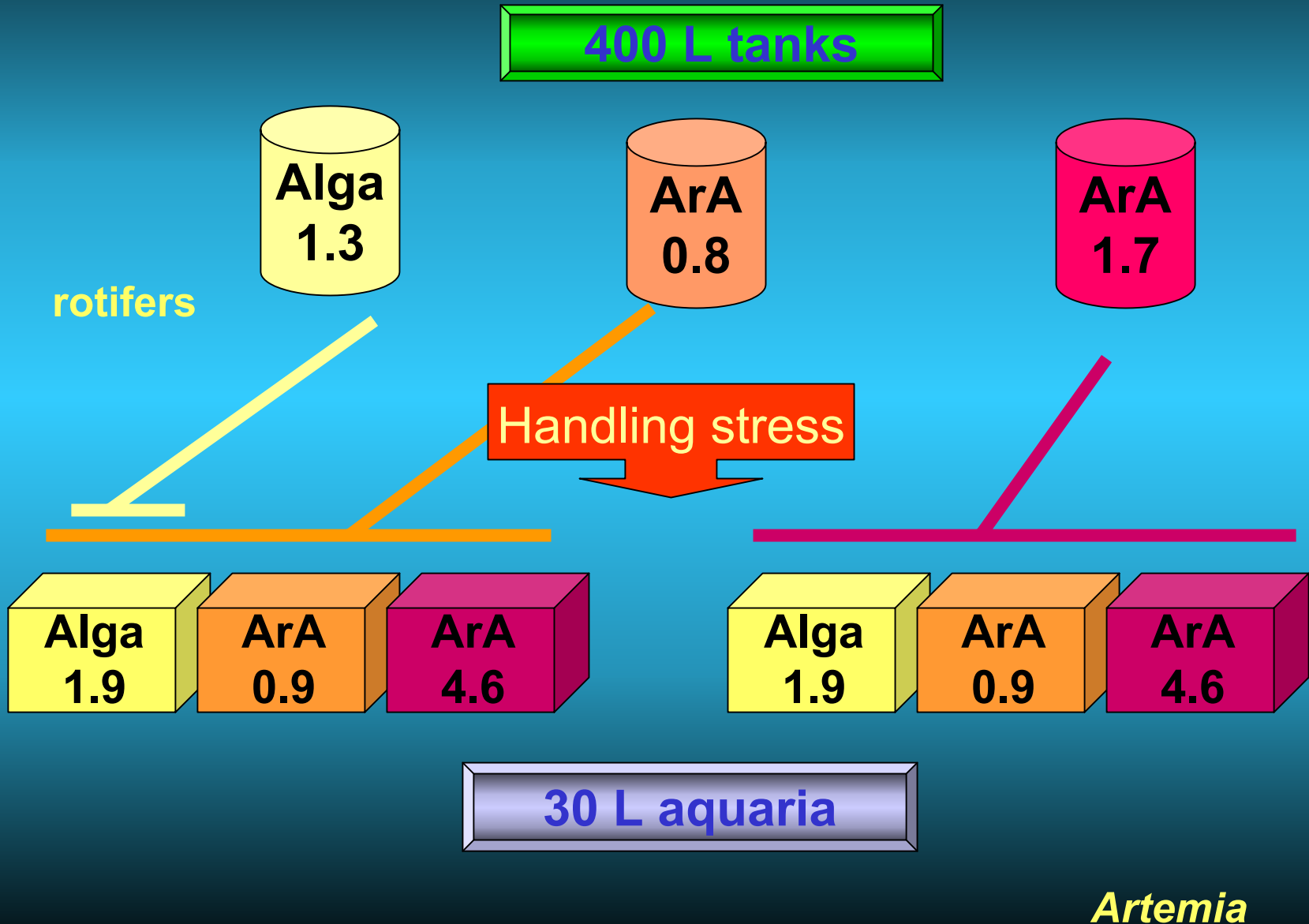




Accumulated larval mortality in ArA treatments following transfer to aquaria



Effect of ArA in rotifers and Artemia

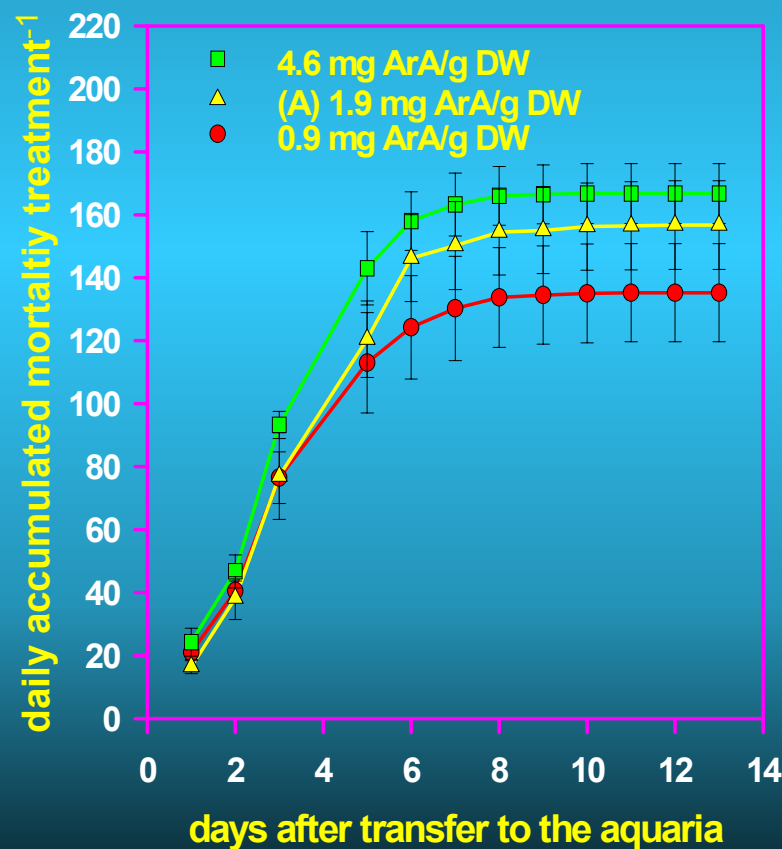
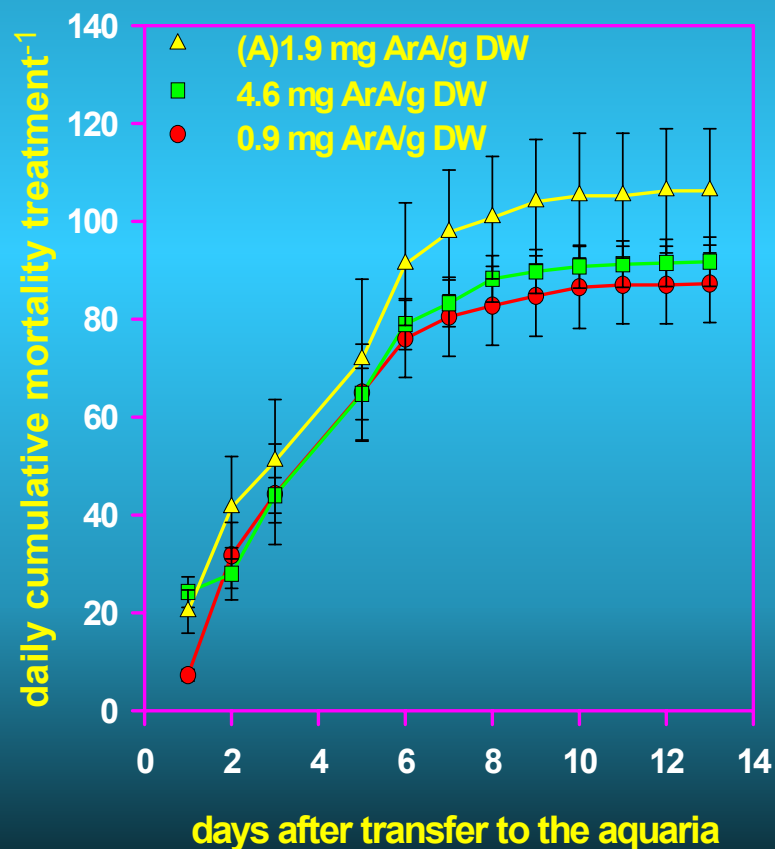




Accumulated mortality, as a result of Artemia treatment, in larvae fed the (a) 1.7mg ArA and (b) 0.8mg ArA rotifers

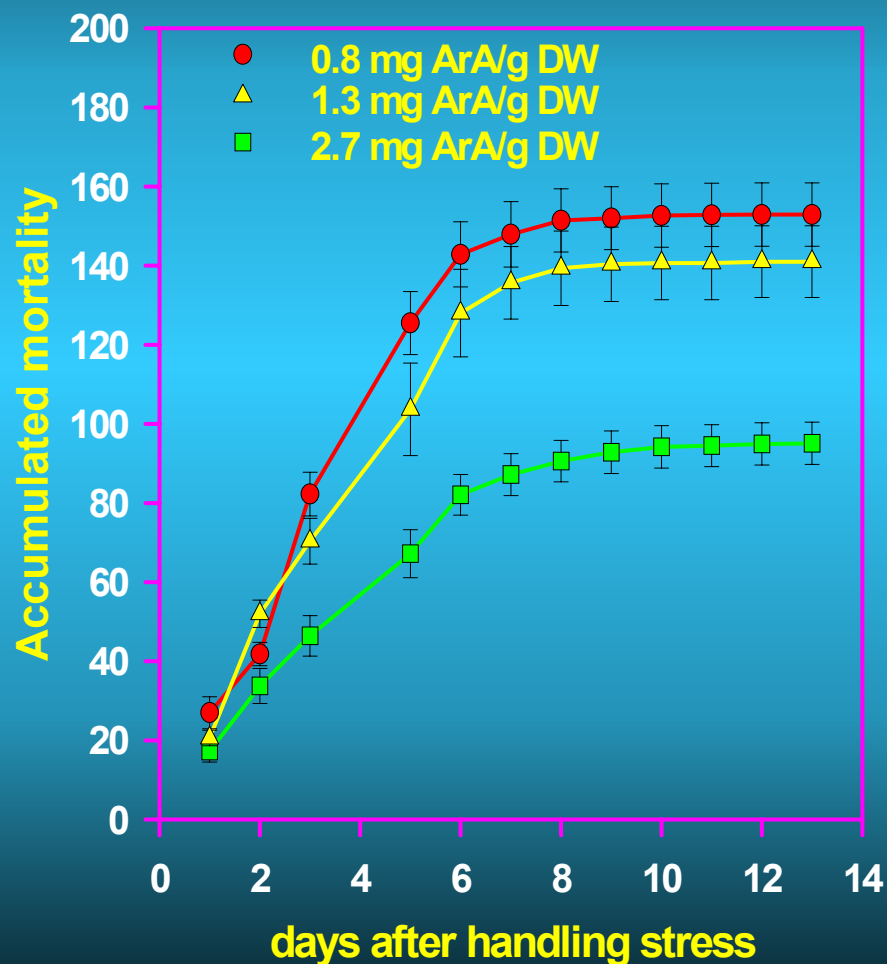
(a)

(b)





Accumulated mortality in seabream larvae as a result of ArA levels in rotifers fed prior to handling stress



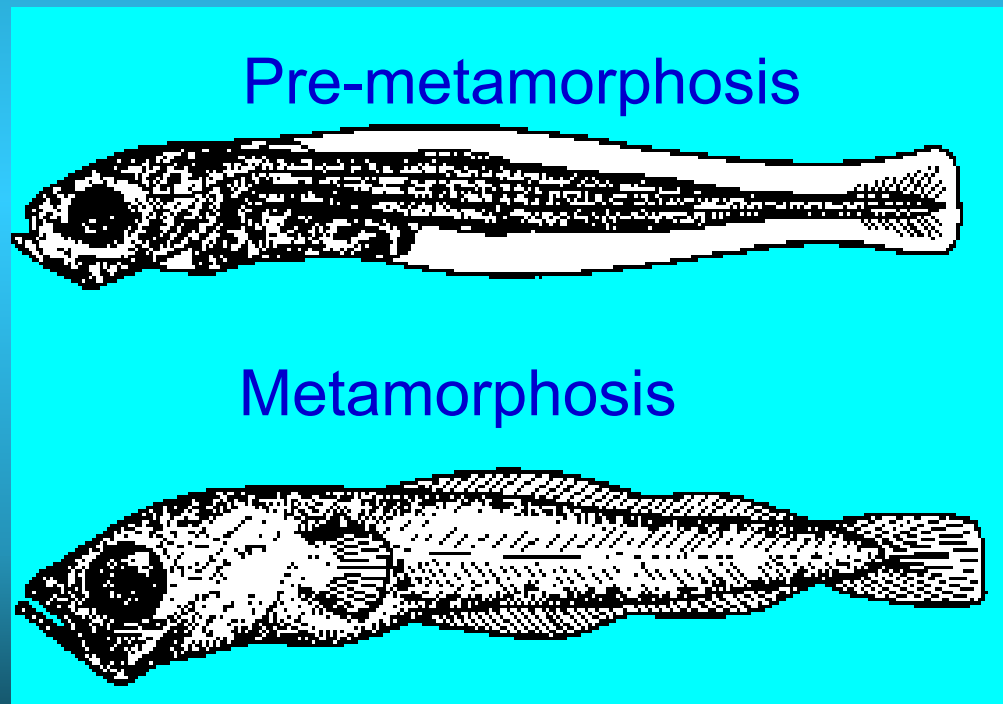


Conclusions from these studies

- Dietary ArA improved resistance to handling stress
- Dietary ArA fed prior to stress more effective than when fed after stress.



Does the effect of ArA vary with larval development and/or stress type?



From M. Jobling, 1995

Experimental setup

400 L tanks

30 L aquaria

AGE GROUPS

SALINITY
CHANGE

NO SALINITY
CHANGE

Alga
1.3

ArA
0.8

ArA
1.7

handling stress

20 day old larvae
pre-metamorphosis

30 day old larvae
metamorphosis

Alga
1.9

ArA
0.9

ArA
4.6

Alga
1.9

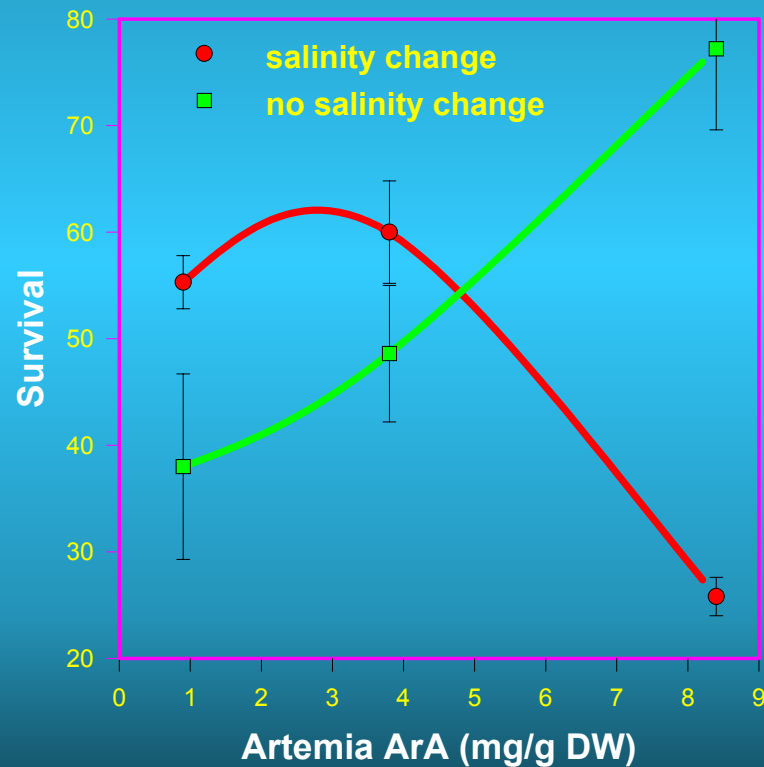
ArA
0.9

ArA
4.6

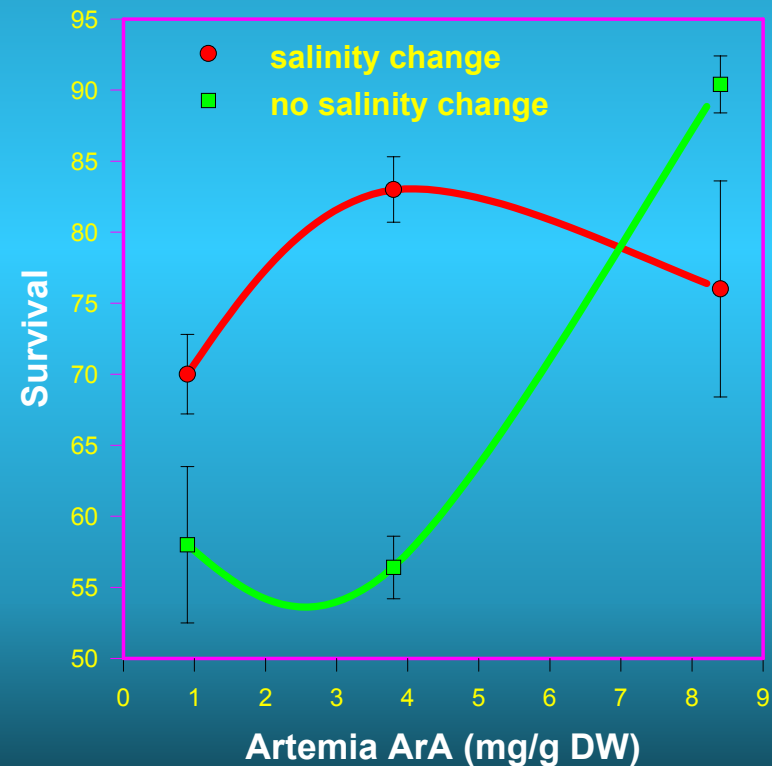


The effect of dietary ArA on survival in larvae exposed to chronic salinity change or no salinity change

pre-metamorphosis
20-30 days



metamorphosis
30-40 days

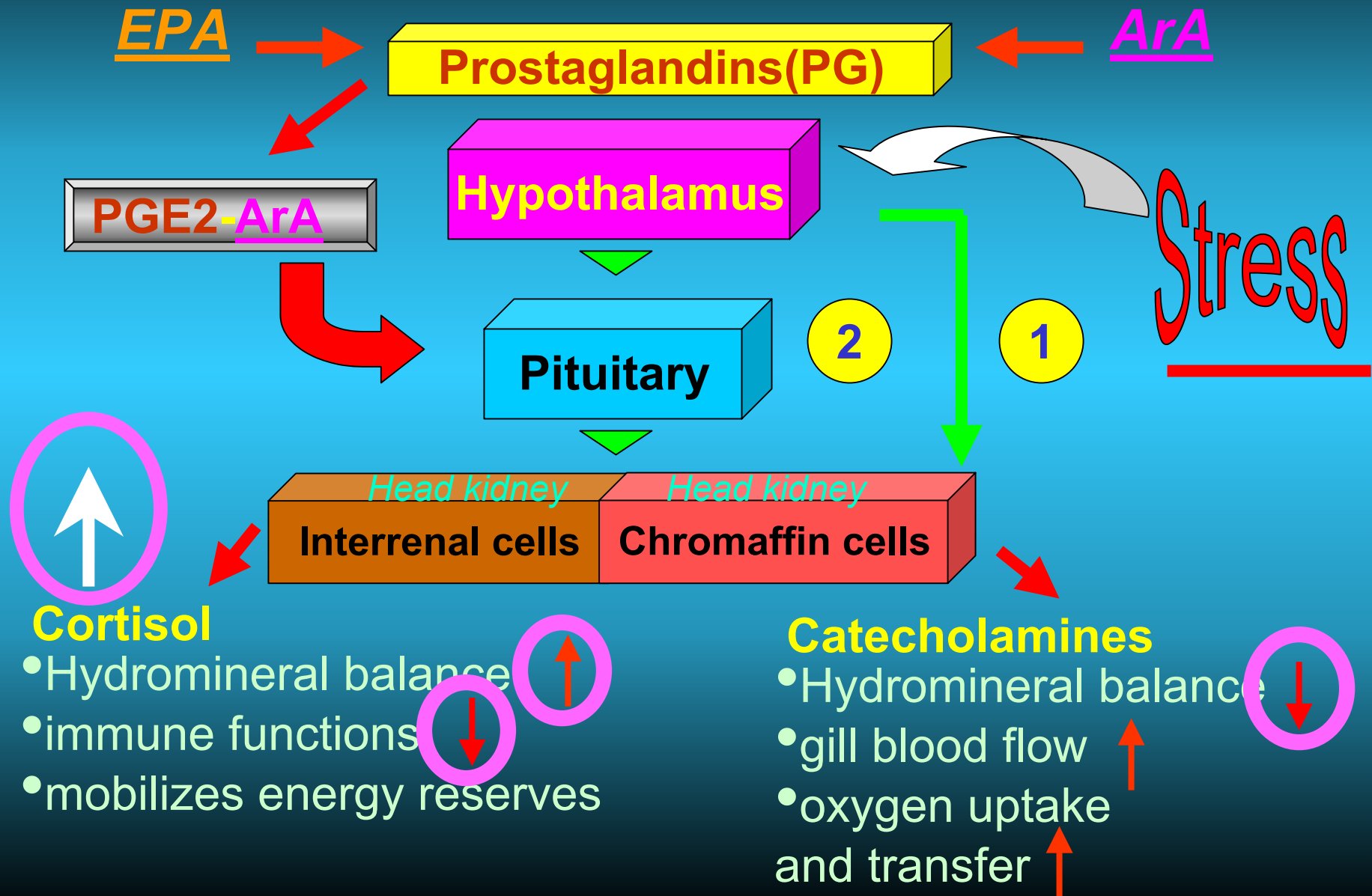




Why does dietary ArA correlate with improved larval survival in the no salinity change group but shows a negative correlation in the salinity change group

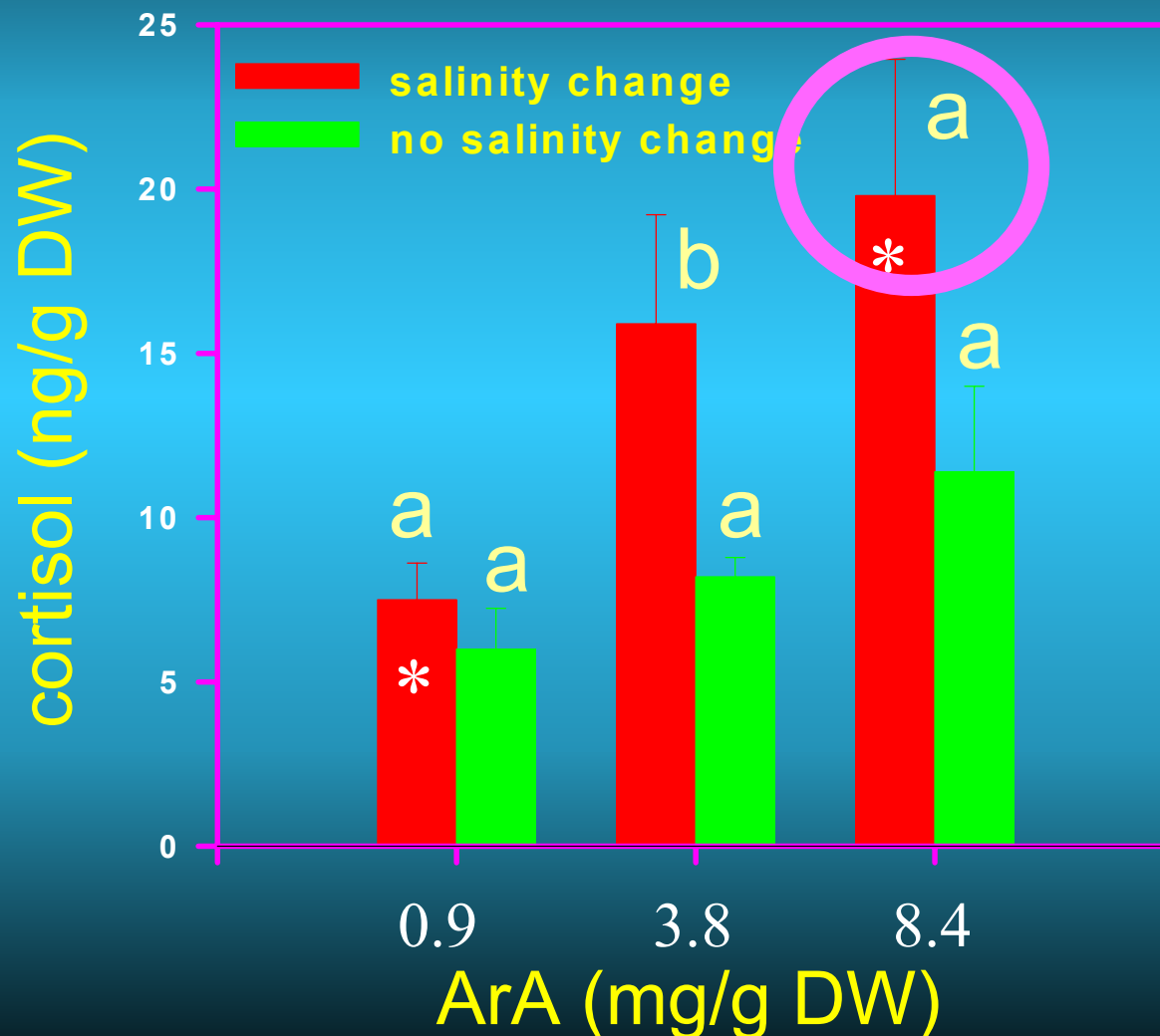


The suggested role of Arachidonic acid (ArA) in the HPI axis during the stress response





Cortisol basal levels 10 days after transfer of 30 day old larvae to aquaria

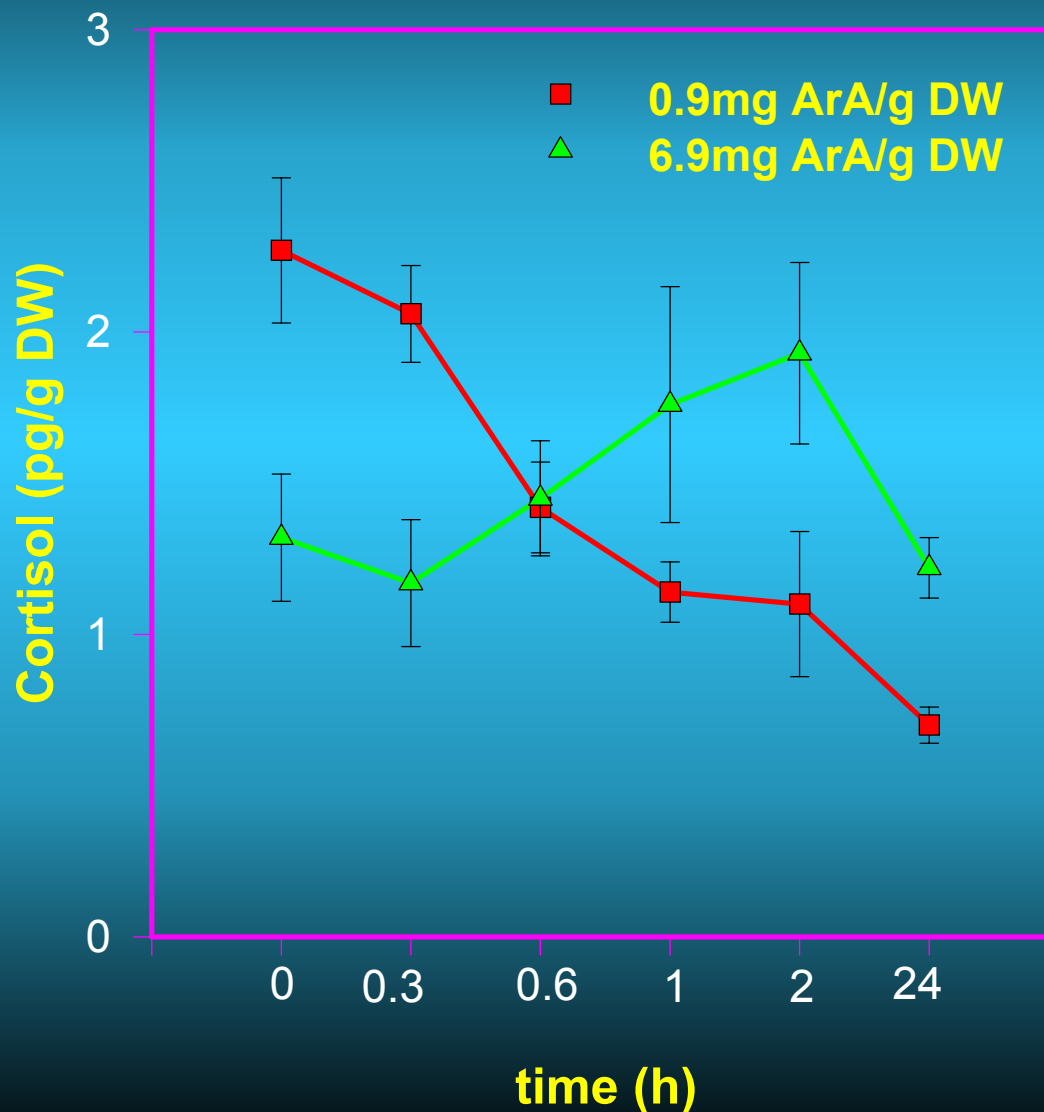




- **These studies showed ArA effect on basal cortisol levels after acclimation to salinity and/or handling stress.**
- **In a following study, larvae were fed for 10 days on ArA poor or ArA rich nauplii. The salinity was then reduced from 40-25 ppt over 1 hour and the stress response was followed over time.**

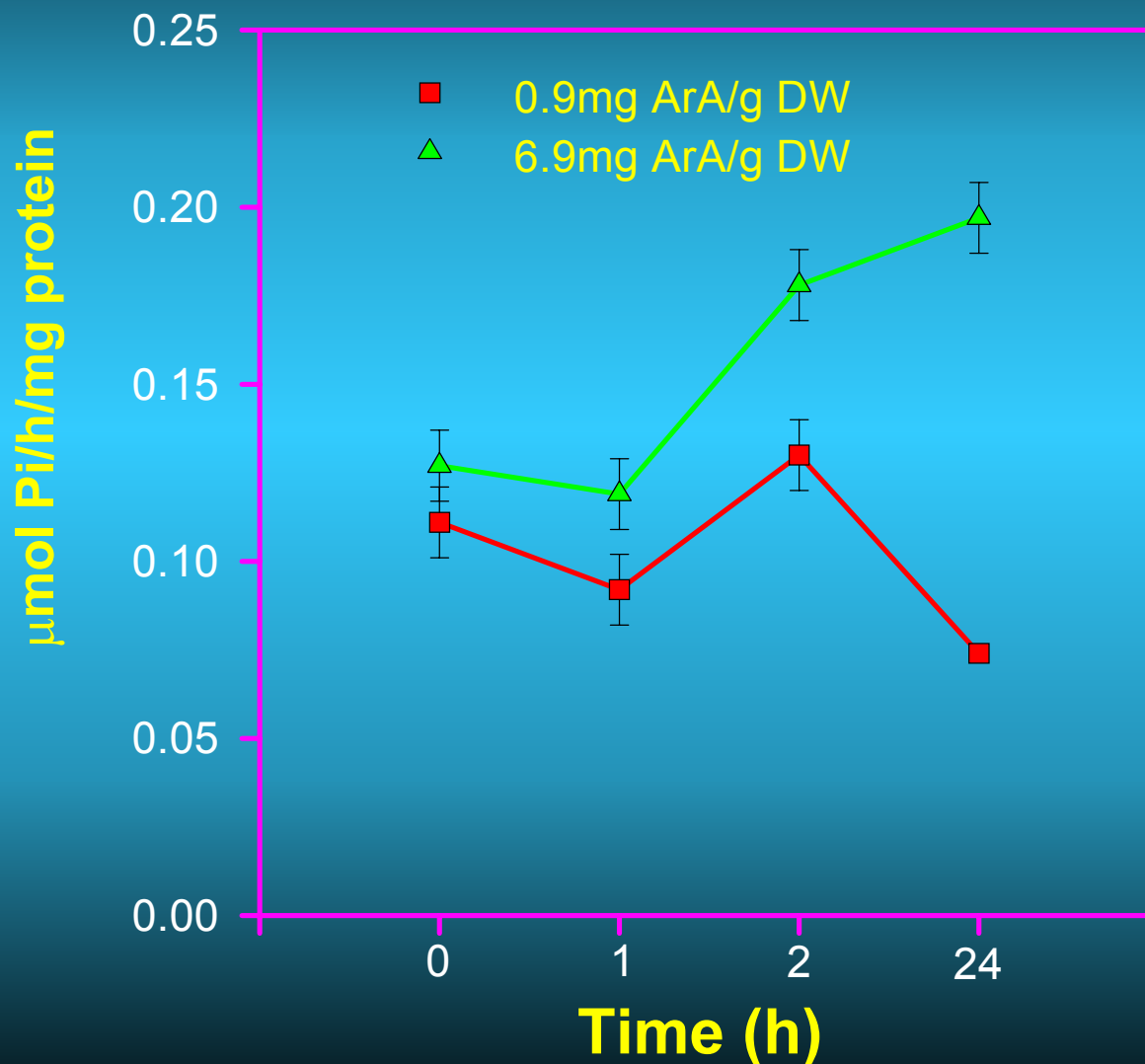


Cortisol response to salinity change (40-25 ppt within 1h)



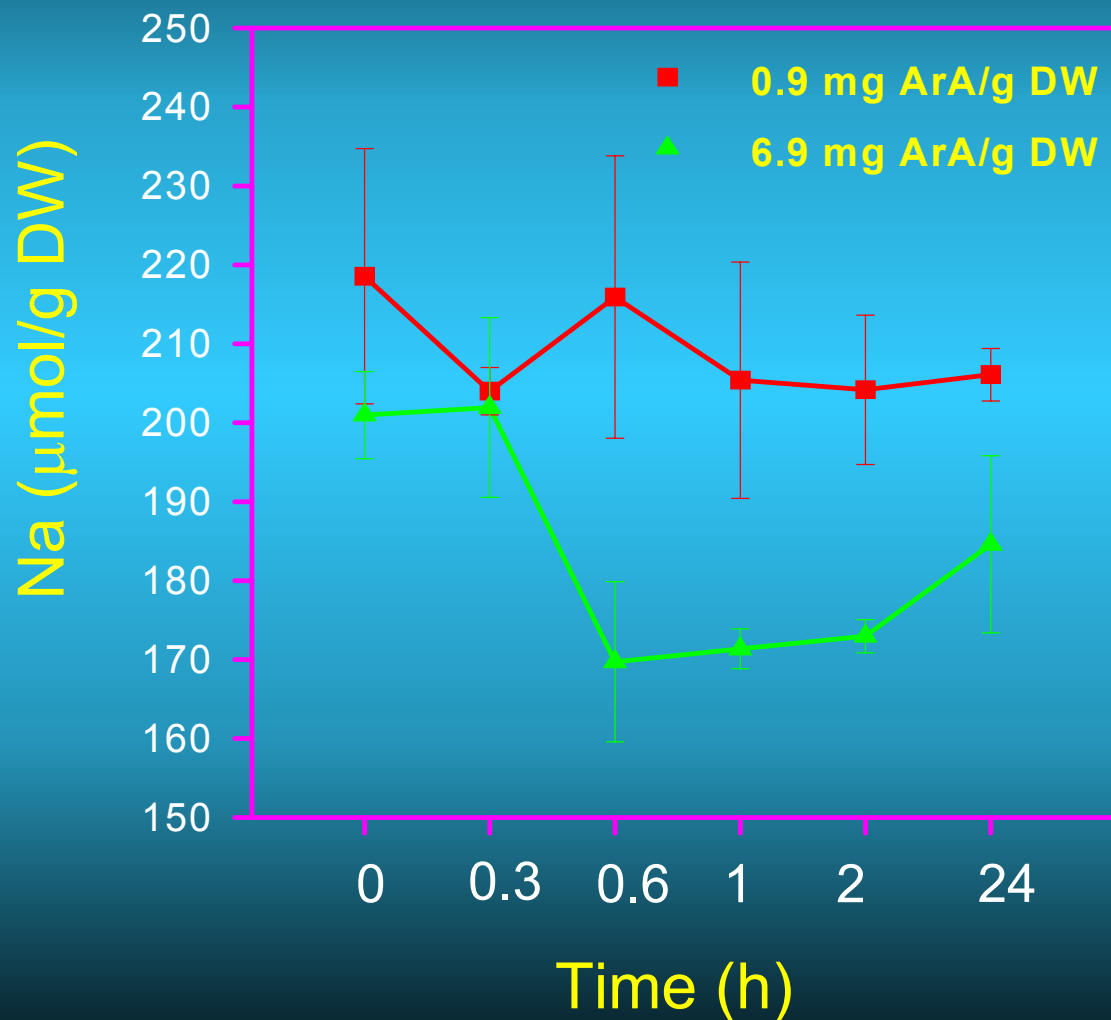


Na⁺/K⁺-ATPase response to salinity change (41-25 ppt within 1h)



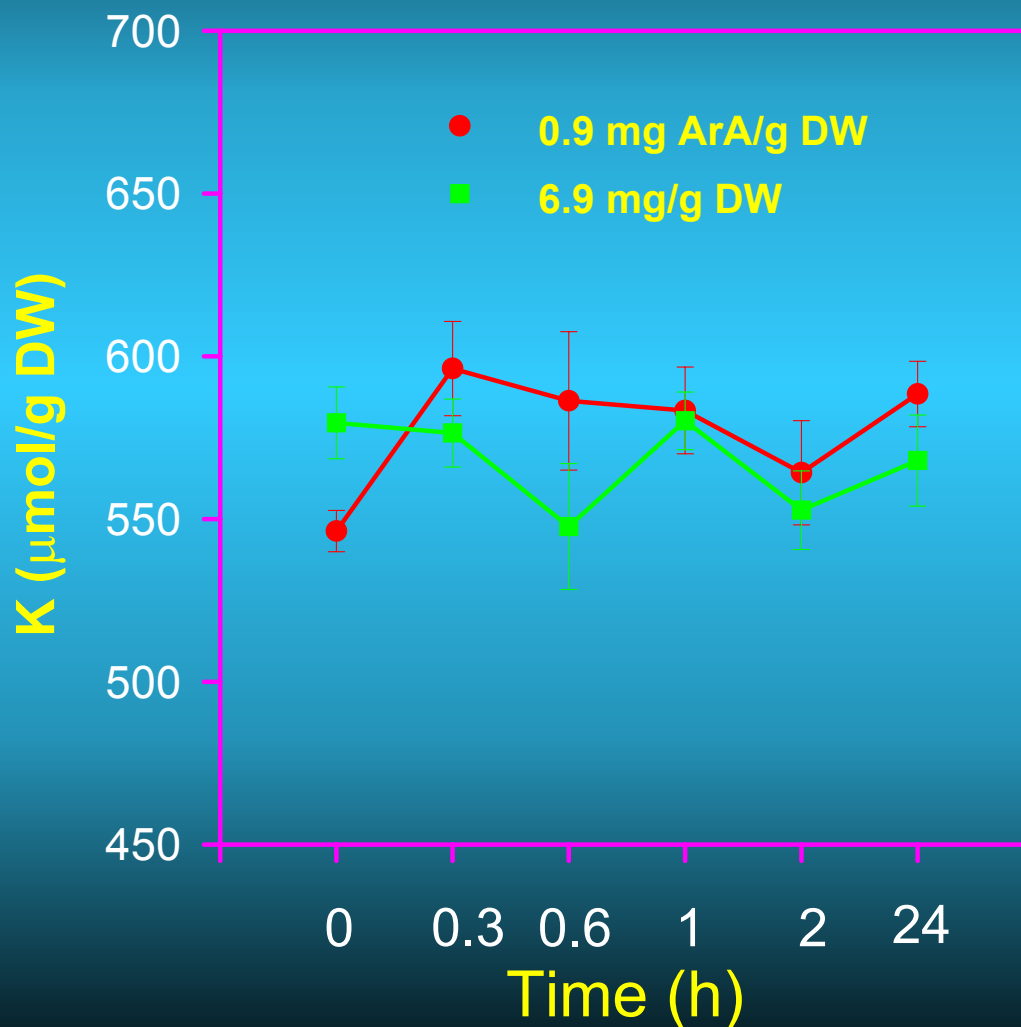


Whole body sodium levels in response to salinity change (41-25 ppt within 1h)





Whole body potassium levels (41-25 ppt within 1h)





Current conclusions

- ArA improves survival following an acute stress event if fed prior to the event.
- ArA may be most effective during metamorphosis.
- ArA, as a precursor to PGE₂, is involved in regulation of basal cortisol levels and cortisol levels during the stress response.
- Improves stress resistance by regulating osmoregulation.
- High levels of ArA can be detrimental during chronic stress.



Special Thanks

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Sjoerd Wendelaar Bonga





Body osmolarity of *Sparus aurata* larvae after abrupt transfer from 40 to 25 or 15 ppt

